**BABY LEAF, ZUCCHINI + PEARL BARLEY SALAD**

**Ingredients:**

50g baby mustard leaf

50g baby red Russian kale

50g baby spinach

½ bunch parsley, picked and washed

½ bunch mint, picked and washed

100g cooked pearl barley

50g currants

1 medium zucchini, thinly sliced coins

1 bunch broccolini, sliced lengthways and grilled

Salt and pepper to taste

2 Tbs toasted sesame seeds (garnish)

Yoghurt and tahini dressing – see recipe (use as much or as little as you see fit)

**Method:**

Place all ingredients in a large bowl and toss gently until evenly coated with dressing – taking care not to crush the smaller leaves too much, taste your salad and adjust seasoning if needed